

RECIPE | EGGPLANTS

SAVORY EGGPLANT BROWNIES

INGREDIENTS

2 Pure Flavor® Purple Baby Eggplants
10 oz baking dark chocolate (not sweetened), chopped into small pieces
3.5 oz ground walnuts
3 medium eggs
³/₄ cup honey
2 tsp. baking powder
¹/₄ tsp. salt
Icing sugar to garnish

DIRECTIONS

- 1. Preheat oven to 350°F.
- 2. Grind walnuts in blender.
- 3. Prick eggplants all over with skewer or toothpick, place in a microwave safe bowl and cover with plastic wrap. Microwave for 8 minutes until limp. Drain excess water.

Non-stick spray

- 4. Puree eggplant in blender, while still quite warm, add chopped chocolate and set aside to let chocolate melt completely.
- 5. Mix all other ingredients together in a large bowl. Gently and gradually add eggplant and chocolate mixture into bowl until thoroughly mixed.
- 6. Grease 8 inch square baking tin with non-stick spray. Pour mixture into tin and bake on bottom rack of oven for 30-40 minutes, or until inserted toothpick comes out clean. Remove from rack and let it cool before removing from tin.
- 7. Garnish with icing sugar on top and serve.

