RECIPE | CUCUMBERS SAVORY OATS WITH CRUNCHY VEGGIES



Follow-us (f) (S) (B) (B) pure-flavor.com



SAVORY OATS WITH CRUNCHY VEGGIES

1 Pure Flavor® Long English Cucumber, thinly sliced
1 cup steel cut oats
5 radishes, thinly sliced
12 scallions, divided
¼ cup unsalted butter
2 tbsp rice wine vinegar
4 tsp of your favorite hot sauce
2 garlic cloves, thinly sliced
Kosher salt
1 tbsp finely grated peeled ginger (from 1" piece)
5 cups chicken broth (or mushroom broth or miso broth)



1. Toss radishes, cucumbers and vinegar in a medium bowl; season with salt and marinate.

- 2. Thinly slice 8 scallions. Melt butter in a medium pot over medium heat until foaming. Add ginger, garlic and sliced scallions and cook, stirring often, until tender and golden, 8-10 minutes.
- 3. Stir in steel cut oats and cook, coating the oats until warmed through, about 2 minutes.
- 4. Add the broth and increase heat to high and bring the mixture to a boil, then reduce heat to medium-low and cook, stirring occasionally, until the oats are tender, the liquid is thick and creamy, about 30-35 minutes.
- 5. Slice remaining scallions on a diagonal angle and toss with pickled vegetables.
- 6. Divide oats among bowls. Arrange crunchy veggies on top and drizzle with any liquid that remains in the bowl.

INGREDIENT