



All great recipes are born from experimentation. Baby Eggplants are crafted to inspire confidence and creativity in your kitchen.

Soft and meaty with a more delicate flavor than your everyday eggplant, these uniquely versatile Mediterranean staples can be used to enhance the texture of a main or as a tasty side.

COOKING TIPS

Eggplants can be steamed, fried, grilled, baked or breaded. All eggplants should be cooked completely through to absorb all flavors of other foods, sauces and spices cooked with it.

HEALTHY BENEFITS

Eggplants are low in fat and calories and a great source of potassium that reduces your risk of Type 2 diabetes and heart disease. Alongside their great taste, these dynamic veggies will help to protect you from heart disease and hypertension.

FOR ALL SALES INQUIRIES

Pure Hothouse Foods Inc.
519.326.8444
sales@pure-flavor.com

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CRAFT[®] HOUSE

COLLECTION



EGGPLANT

AVAILABLE MAR-NOV

BABY EGGPLANTS

Rich and flavorful, Baby Eggplants are a versatile ingredient for your latest culinary creation. Grilled or roasted, discover their delicate and meaty texture to pair with your premium recipes.



SPECIFICATIONS:

	FORMAT	GTIN	TIE	TIER	AVAILABILITY
6 x 2 Count (Purple)	Bag	684924020117	15	10	March - Nov.
6 x 1.75 lb (Purple)	Bag	684924050039	5	20	March - Nov.

