

RECIPE | PEPPERS

SLOW COOKER PEPPER STEAK



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SLOW COOKER PEPPER STEAK



4 hr 30 min

15 min | **4 hr 15 min**
PREP. | COOKING



6



easy

INGREDIENTS

- 6 ct** Pure Flavor® Sweet Bell Peppers, sliced
- 14 oz** Pure Flavor® Luna® Sweets Cocktail Tomatoes, diced
- 1** yellow onion, sliced
- 2 lbs** boneless beef chuck steaks, sliced
- 1 cup** beef broth
- ½ cup** brown sugar
- 4 tbsp** Worcestershire sauce
- 3 tbsp** flour
- 1 tbsp** olive oil

- 1 tbsp** oyster sauce
- 1 tbsp** soy sauce
- 1 tsp** garlic, minced
- ⅓ tsp** red pepper flakes
- Salt & pepper, to taste
- Cooked rice, optional for serving

DIRECTIONS

- 1** In a slow cooker mix beef broth, brown sugar, Worcestershire sauce, flour, olive oil, oyster sauce, soy sauce, garlic, red pepper flakes, and salt & pepper to taste.
- 2** Add in steak, tomatoes, onions & peppers, and cook on high for 4 hours.
- 3** Serve with rice or enjoy on its own!

Pro Tip: You can adjust the cooking time based on your slow cooker settings to make this dish on LOW for 8 hours.