



RECIPE | PEPPERS

SLOW COOKER PEPPER STEAK



15 min
PREP.

4 hr 15 min
COOKING



6



easy

4 hr 30 min

INGREDIENTS

6 ct Pure Flavor® Sweet Bell Peppers, sliced
14 oz Pure Flavor® Luna® Sweets Cocktail Tomatoes, diced
1 yellow onion, sliced
2 lbs boneless beef chuck steaks, sliced
1 cup beef broth
½ cup brown sugar
4 tbsp Worcestershire sauce
3 tbsp flour
1 tbsp olive oil

1 tbsp oyster sauce
1 tbsp soy sauce
1 tsp garlic, minced
½ tsp red pepper flakes
Salt & pepper, to taste
Cooked rice, optional for serving



DIRECTIONS

- 1 In a slow cooker mix beef broth, brown sugar, Worcestershire sauce, flour, olive oil, oyster sauce, soy sauce, garlic, red pepper flakes, and salt & pepper to taste.
- 2 Add in steak, tomatoes, onions & peppers, and cook on high for 4 hours.
- 3 Serve with rice or enjoy on its own!

Pro Tip: You can adjust the cooking time based on your slow cooker settings to make this dish on LOW for 8 hours.

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