

RECIPE | TOMATOES

SOUTHWEST SWEET CHICKEN FAJITA SALAD

1 dry pint Pure Flavor® Cloud 9® Bite-Sized Fruity Tomatoes, halved

2 chicken breasts

1 can whole kernel corn

1 bunch kale, hand torn

1 avocado, sliced

1 small red onion, diced

1 lime

2 jalapeños, sliced thin

2 tbsp cilantro, chopped

1 tbsp grated parmesan cheese

1 tbsp coarse cracked black pepper

1 tbsp olive oil

Sea salt, to taste

DIRECTIONS

- 1. Coat chicken in olive oil sea salt and black pepper. Heat a heavy-duty grill pan on high heat for about 2-3 minutes. Lower the heat to medium-high and add the chicken breasts to the pan.
- 2.Cook the chicken for 5-6 minutes on the first side without moving, until the underside develops dark grill marks. Flip the breasts using a pair of tongs or a fork and cook the other side for 5-6 minutes. Continue in the same manner until the chicken is cooked through.
- 3. Turn off heat and allow chicken to rest in pan for at least 5 minutes before slicing.
- 4. Assemble the salad. In a bowl or platter, place a bed of kale followed by the corn, onion, jalapeños, chicken and tomatoes. Sprinkle cheese and cilantro over top. Garnish with lime before serving.

