

RECIPE | CUCUMBERS

SPARKLING PEACH CUCUMBER LEMONADE

INGREDIENTS

- 1 Pure Flavor® Long English Cucumber, 2/3 coarsely chopped and 1/4 sliced for garnish
- 2 Georgia Grown Peach County Peaches or other fresh peach, peeled and sliced, (or even frozen will work)
- 1 cup fresh lemon juice
- 2-3 mint leaves plus additional for decoration
- 3/4 cup sparkling water
- 1 cup, plus 1-2 tbsp. of water
- 3/4 cup sugar

DIRECTIONS

- 1. In a small pot add the water, sugar, and mint leaves. Bring to a boil, then cook for a couple minutes until sugar dissolves, stirring often. Remove from heat and set aside to let cool.
- 2. In a blender, add almost all the peaches (leave a handful out for garnish), the coarsely chopped cucumber and water, blend until smooth. Strain the purée to remove any large chunks.
- 3. In a pitcher, add the simple syrup (too taste), lemon juice, and peach purée. Stir to combine. Add sliced peaches, sliced cucumber and 5-6 mint leaves. Store in fridge until ready to serve. Just before serving add the sparkling water and serve over ice.

