



RECIPE | BERRIES

STRAWBERRY BANANA MUFFINS



10 min
PREP.



12



easy

30 min

20 min
COOKING

INGREDIENTS

Recipe created by *Paulina Gomez*

1½ cup Pure Flavor® Sweet Blooms® Strawberries, halved
2 overripe bananas
2 eggs
1½ cup whole wheat flour
½ cup Greek yogurt
⅓ cup maple syrup
1 tsp baking powder
1 tsp cinnamon
1 tsp vanilla



DIRECTIONS

- 1 Pre-heat the oven to 350°F.
- 2 In a bowl, combine flour, baking powder, and cinnamon.
- 3 In a different bowl, mash bananas until smooth. Whisk in eggs, maple syrup, yogurt, and vanilla until combined.
- 4 Combine dry with wet ingredients and add mixture to a prepared muffin tin. Add strawberries on top.
- 5 Bake for 18-20 minutes or until toothpick comes out clean. Enjoy!

