

INGREDIENTS

12 oz Pure Flavor® Sweet Blooms® Strawberries
2 cups granulated sugar
2 cups water, divided
1 cup ice
Bamboo Skewers
Candy Thermometer



DIRECTIONS

- Dry strawberries by patting them with a paper towel. You want to remove all moisture on the strawberries or else it will crystallize the sugar in the syrup.
- 2 Place strawberries upside down on a bamboo skewer.
- 3 Prepare a bowl with ice and 1 cup of water and set aside.
- Add sugar and remaining water into a small saucepan and bring to medium-high heat. Use a candy thermometer to watch the temperature of the sugar. Once the temperature hits 300°F, turn the heat off.
- Now quickly but carefully swirl each skewered strawberry into the sugar syrup to coat. Try to keep the stems from the sugar.
- 6 Once the strawberry is coated in the sugar mixture, gently swirl it into the ice water for a few seconds. Repeat this with the remaining strawberries.
- 7 Stand the skewer in a tall glass to let the extra water drip off.
- (8) Enjoy immediately.











