

RECIPE | TOMATOES

# SUPREME BEEFSTEAK BOWL



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## INGREDIENTS

- 1 Pure Flavor® Organic Red Beefsteak Tomato, diced
- 1 Pure Flavor® Organic Yellow Sweet Bell Pepper, diced
- 1 cup spaghetti noodles, cooked
- 1 cup zucchini, diced
- ¼ cup onion, diced
- 1 tbsp olive oil
- 1 tsp mayonnaise
- Salt and pepper, to taste
- Fresh parsley, for garnish
- Parmesan, for garnish

## DIRECTIONS

- 1 Combine all vegetable ingredients in a small saucepan with olive oil. Cook on medium-high for 20 minutes until veggies are tender. Remove from heat and mix in mayonnaise.
- 2 Serve the vegetable mixture over prepared spaghetti noodles, garnished with parsley and parmesan, and season with salt and pepper to taste.



**30 min**

10 min  
PREP.

20 min  
COOKING



**2**



**easy**