

RECIPE | CUCUMBERS

SWEET POTATO CUCUMBER BITES

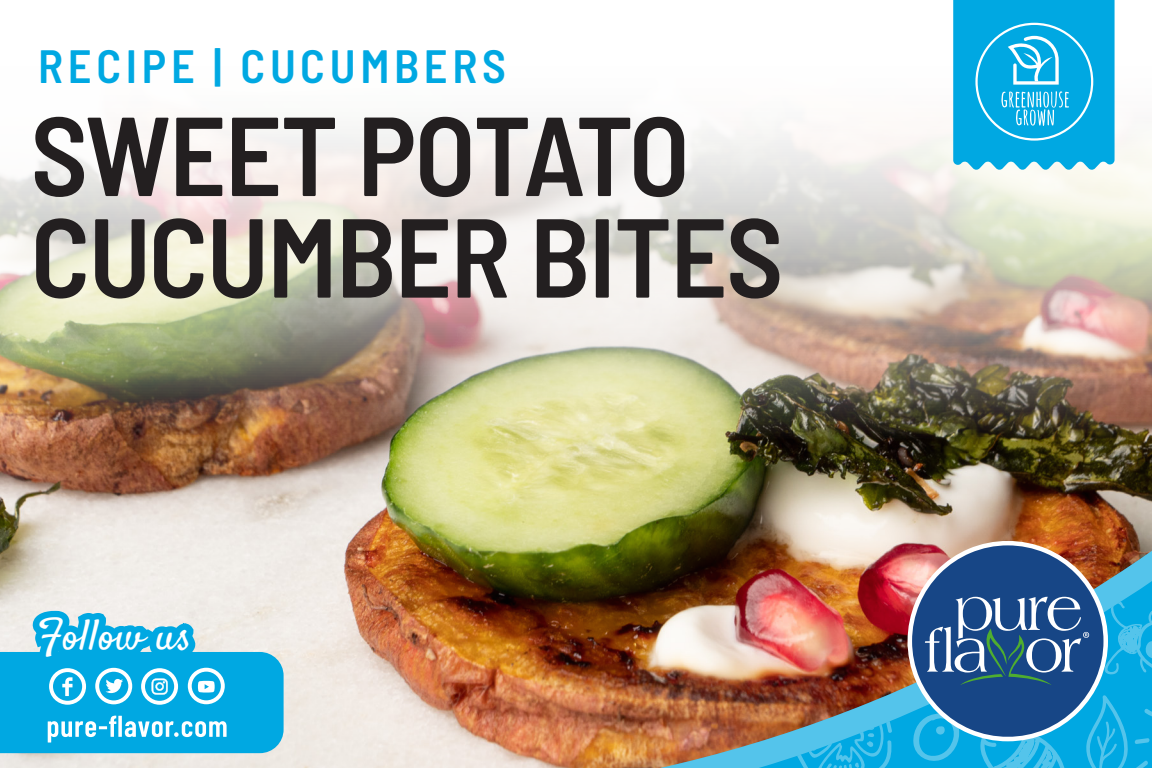


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SWEET POTATO CUCUMBER BITES

INGREDIENTS

- 6 Count Pure Flavor® Mini Cucumbers, sliced
- ¾ cup Greek yogurt
- 4 tbsp pomegranate arils
- 2 tbsp extra virgin olive oil
- ¼ cup kale chips
- 2 sweet potatoes, ½ inch slices
- Salt and pepper, to taste

DIRECTIONS

1. Preheat oven to 450° degrees.
2. Drizzle sweet potatoes with olive oil, add salt and pepper. Roast for 20 minutes or until golden brown, turn halfway through. Allow potatoes to cool for 10 minutes.
3. Top each potato with a slice of cucumber and a small spoon full of Greek yogurt.
4. Garnish with kale chips and pomegranate arils.



TOTAL TIME

30 minutes

PREP TIME

10 minutes

COOK TIME

20 minutes

SERVES

4

COOKING LEVEL

Easy