



RECIPE | TOMATOES

TOMATO QUINOA SALAD



15 min

15 min
PREP.

0 min
COOKING



4



Easy



INGREDIENTS

2 dry pints Pure Flavor® Tiki Tomatoes™, halved
2 limes, juiced
1 clove garlic, finely chopped
15 oz canned chickpeas, drained & rinsed
2 cups quinoa, cooked
¼ cup green onion, finely chopped & divided
3 tbsp fresh parsley, finely chopped
2 tbsp avocado oil
½ tsp ground cumin
Salt and pepper, to taste



DIRECTIONS

- 1 In a large bowl, combine quinoa, tomatoes, parsley, chickpeas, and half the green onions.
- 2 To make the dressing, combine oil, lime juice, garlic, and cumin in a small bowl. Season with salt & pepper to taste.
- 3 Toss salad with half of the dressing.
- 4 To serve, drizzle the remaining dressing on the salad and garnish with remaining green onions.

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