

RECIPE | TOMATOES

TOMATO & SPINACH CHICKEN



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INGREDIENTS

For the chicken:

2 Pure Flavor® Organic Tomatoes On-The-Vine, sliced

4 organic chicken breasts

1 cup grated organic mozzarella cheese

½ cup fresh organic spinach, chopped

8 tbsp organic pesto

2 tbsp organic olive oil

Salt and pepper, to taste

For the dipping sauce:

½ cup organic Greek yogurt

2 tbsp organic pesto

DIRECTIONS

1. Preheat the oven to 400° F.
2. Cut chicken horizontally, but do not cut all the way through and open them up. Spread interior of each chicken with 2 tablespoons of pesto each. Then evenly divide the chopped spinach over the pesto. Fold the chicken together to close it.
3. Heat an oven proof skillet over medium high heat. Add 1 tablespoon of olive oil. Carefully add chicken. Sear on each side for 2-3 minutes. Finish baking in the oven for about 8 minutes or until the meat reaches 165° F.
4. Take the skillet out of the oven and place tomatoes and cheese. Put the skillet back in the oven until cheese starts to bubble, about 2-3 minutes.
5. For the dipping sauce, combine yogurt and pesto in a small bowl. Serve over the chicken or on the side.



TOTAL TIME

30 minutes

PREP TIME

10 minutes

COOK TIME

20 minutes

SERVES

4

COOKING LEVEL

Easy