

RECIPE | TOMATOES

TUSCAN SANGRIA® AND WHITE BEAN SALAD



pure
flavor®

SANGRIA
TOMATO MEDLEY
MÉLANGE DE TOMATES
PURE-FLAVOR.COM
PHF | LEAMINGTON, ON | N8H 3X4



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TUSCAN SANGRIA® AND WHITE BEAN SALAD



15 min

15 min
PREP.

0 min
COOKING



4



easy

INGREDIENTS

- 2 dry pints** Pure Flavor® Sangria® Medley Tomatoes, halved
- 1 dry pint** Pure Flavor® Uno Bites™ Nano Cucumbers, sliced
- 15 oz** cannellini beans, drained and rinsed
- 2** cloves garlic, minced
- 1** large sprig of fresh basil, thinly sliced plus more for garnish
- ½ cup** red onion, diced
- ½ cup** Parmesan cheese, shaved
- ¼ cup** extra virgin olive oil
- 2 tbsp** red wine vinegar
- ½ tsp** sugar
- ¼ tsp** salt, plus more to taste
- ¼ tsp** crushed red pepper flakes

DIRECTIONS

- 1** Combine tomatoes, red onion, sugar, and salt in a bowl.
- 2** Add vinegar, olive oil, garlic, crushed red pepper flakes to the tomato mixture. Add salt to taste.
- 3** Add the cucumbers, beans, basil, and Parmesan. Toss to combine and serve immediately.