RECIPE | BERRIES

VEGAN PANCAKES & STRAWBERRY SAUCE

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Recipe created by Hope Monaco

12 oz Pure Flavor® Sweet Blooms® Berries, halved 1 cup oat flour 1 cup non-dairy milk ½ cup almond flour 1 tbsp maple syrup 1 tbsp chia seeds ½ tbsp coconut sugar

2 tsp baking powder

In a small pot, add strawberries and coconut sugar. Turn heat to high and bring to a boil. Once they start to bubble, add chia seeds, and continuously stir until a thick sauce forms.

In a bowl, add almond flour, oat flour, baking powder and salt and use a whisk to combine.

Slowly add in your milk and stir well to create batter.

To a non-stick pan, add a scoop of batter. Once edges form, flip pancakes over.

To serve, plate pancakes and top with strawberry sauce. Add maple syrup if desired.





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INGREDIENT

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