

INGREDIENTS Recipe created by Hope Monaco

12 oz Pure Flavor® Sweet Blooms® Berries, halved

1 cup oat flour

1 cup non-dairy milk

1/2 cup almond flour

1 tbsp maple syrup

1tbsp chia seeds

1/2 tbsp coconut sugar

2 tsp baking powder1 tsp vanilla

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Pinch of salt

Maple syrup, optional, for topping



## **DIRECTIONS**

- In a small pot, add strawberries and coconut sugar. Turn heat to high and bring to a boil. Once they start to bubble, add chia seeds, and continuously stir until a thick sauce forms.
- (2) In a bowl, add almond flour, oat flour, baking powder and salt and use a whisk to combine.
- 3 Slowly add in your milk and stir well to create batter.
- 4 To a non-stick pan, add a scoop of batter. Once edges form, flip pancakes over.
- 5 To serve, plate pancakes and top with strawberry sauce. Add maple syrup if desired.











