

INGREDIENTS

Recipe created by Hope Monaco

1 dry pint Pure Flavor® Cloud 9® Bite-Sized Fruity Tomatoes, halved

4 cloves garlic, minced

3 green onions, chopped

1 large white onion, chopped

1 head kale, destemmed & chopped

1 can cannellini beans, drained and rinsed

4 tbsp vegan cream cheese

2 tbsp avocado oil

1tbsp smoked paprika

1tsp ground cumin

1tsp oregano

Pink salt, to taste

Parsley, for garnish



DIRECTIONS

- 1 Heat avocado oil in a large pan over medium-high heat, add onions and cook for 3 minutes.
- (2) Add garlic and cook for 2 minutes until lightly golden brown. Then add kale and cover to cook for 5 minutes, until the kale looks wilted.
- Add tomatoes to the pan with smoked paprika, cumin, oregano, and salt. Stir ingredients together and simmer for 4 minutes.
- 4 Add beans, cover, and simmer for 1 more minute.
- To serve top with vegan cream cheese, green onions, and garnish with parsley.













