

DIRECTIONS

VIETNAMESE SALAD JAR





20 min

10 min





30 min





easy

For the salad:

1 Pure Flavor® Red Sweet Bell Pepper, sliced 1 Pure Flavor® Long English Cucumbers, chopped 1 pack extra firm tofu, cubed

1/4 cup vermicelli noodles, cooked

3 tbsp edamame, shelled

3 tbsp tofu

2 tbsp carrots, diced

1 tbsp green onion, sliced

Pan-fry tofu cubes until crisp and brown and set aside to cool.

In a small bowl, mix all dressing ingredients together and set aside.

In 6 quart-sized Mason jars layer dressing, edamame, tofu, carrots, vermicelli, cucumbers, red bell pepper, and green onions.

For the dressing:

1/2 cup rice vinegar

1/4 cup sov sauce

1tbsp honey

2 garlic cloves, grated

1 tbsp chili garlic sauce

Cover with lid and store in the fridge.