

RECIPE | PEPPERS



# WHIPPED FETA VEGGIE DIP



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Recipe created by *Abigail Harris-Shea*



**20 min**

**15 min**  
PREP.

**5 min**  
COOKING



**2**



**easy**

## INGREDIENTS

- 1 lb** Pure Flavor® Aurora Bites Mini Sweet Peppers, sliced and seeded
- 1 dry pint** Pure Flavor® Uno Bites™ Nano Cucumbers, halved
- 1 dry pint** Pure Flavor® Juno® Bites Grape Tomatoes, halved
- 7 oz** feta cheese
- ½ lb** spicy ground sausage
- 3 tbsp** Greek yogurt
- 3 tbsp** honey
- 3 tbsp** cilantro, chopped
- 2 tbsp** olive oil
- Salt and pepper to taste
- Optional: pita bread

## DIRECTIONS

- 1** In a food processor, add feta, yogurt, olive oil, 2 tbsp of honey and a pinch of salt and pepper. Mixed until combined.
- 2** Cook the sausage in a frying pan over medium heat with a little olive oil for 3-4 minutes, or until nicely browned. Set aside.
- 3** Add vegetables to a large serving platter. Place the feta in a shallow bowl and use a spoon to create a little crater, then add the sausage. Top with remaining honey and cilantro. Season with salt and pepper to taste.