

RECIPE | TOMATOES

WINTER CHILI

By Chef Benjamin Leblanc-Beaudoin | Iron Kettle Bed & Breakfast



INGREDIENTS

- 4 lb Beef brisket, trimmed and sliced into small cubes
- 3 Large dried chipotle peppers
- 2 Red onions
- 10 cloves of garlic
- 9 Pure Flavor® sweet bell peppers, deseeded and sliced
- Olive oi
- 2 tbsp. Garam masala
- 2 tbsp. Paprika
- 1 tbsp. Dried thyme
- 2 Fresh bay leaves
- 3-4 Fresh chillies
- 2 Cinnamon sticks
- 16 Large Pure Flavor® red beefsteak tomatoes
- 2 cups brown sugar
- 2 lbs Dried pigeon pea beans or mixed beans
- 2 dry pints Pure Flavor® Azuca red cherry tomatoes

DIRECTIONS

- 1. Soak beans overnight. With the oven at 200°F on convection mode, dehydrate halved Azuca red cherry tomatoes for 24 hours.
- 2. Peel and dice the onions, and peel and finely slice the garlic. Deseed and slice the peppers.
- 3. Heat oil in your largest pot pan on a low heat, add the garam masale, paprika, thyme, bay leaves and onions. Fry for 10 minutes, until the onions have softened.
- 4. Slice up the deydrated chillies and add them into the onion mixture along with the cinnamon sticks, sliced garlic, a good pinch of sea salt, and black pepper.
- 5. Stir, then add the beefsteak tomatoes and the sugar. Add the brisket, beans, and cover with a lid and simmer for 3 hours.
- 6. Stir occasionally once you've done this, add the sliced peppers and dehydrated tomatoes.
- 7. Season to taste.

Tip: Substitute the brisket for Pure Flavor® Baby Eggplant for a heart vegetarian version of this delicious chili.

