

PURE FUN ACTIVITIES

PURE FLAVOR WORD SEARCH

GRADES 4-6

Find the words listed and circle them in the word search below.

Eating healthy helps your body and mind grow big and strong so you can be your best in sports and at school!

R D N P W C C S B I Z E J L P H B T
D V M N N U A N A Z E N G H E M R O
E E I G U C R A L F R E S H P G E M
X G N R T U B C A E N R M C P T A A
D E E Q R M O K N R C G T R E G K T
J T R D I B H I C X W Y H S R P F O
A A A I T E Y N E C J A G P S X A E
N B L N I R D G D Z Y F Q W Q W S S
A L S N O S R T V I T A M I N S T Q
A E F E N F A N Q X B J N I C D R C
G S Q R H U T U N L U N C H H K T T
P T A J C H E R P R O T E I N K R Z

Vitamins
Nutrition
Tomatoes
Peppers
Cucumbers
Snacking

Vegetables
Carbohydrate
Protein
Energy
Minerals
Balanced

Breakfast
Lunch
Dinner
Fresh

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