



Refreshing. Bold. Extra long and seedless! The captain of the Cucumber team. We pride ourselves in living a healthy active lifestyle and it all starts with our Pure Flavor® Long English Cucumber. Perfect for your post workout snack or blended in a refreshing beverage. Live Deliciously™.



CUCUMBERS LONG ENGLISH

THE CAPTAIN OF THE CUCUMBER TEAM HAS ARRIVED. #CRUNCHIT



COOKING TIPS

Long english cucumbers don't need to be peeled or seeded. Slice 1 inch off each end of the cucumber and discard. Cut into slices or dice for appetizers, salads, dips, drinks, sushi or cold soups. Long english cucumbers can also be cooked over low heat until tender.

HEALTHY BENEFITS

Long English Cucumbers are a great source of iron and help to maintain a healthy red blood cell count. With an extremely high water content, long English cucumbers are a tastier way of staying hydrated.

FOR ALL SALES INQUIRIES

Pure Hothouse Foods Inc.
519.326.8444
sales@pure-flavor.com

For photos, and other digital assets go to pure-flavor.com/growing-your-business

GOES WELL WITH...

Herbs, spices and flavors: Lemon | Mint | Oregano | Olive Oil
Foods: Cream Cheese | Tomatoes | Yogurt

SPECIFICATIONS:

	FORMAT	GTIN	TIE	TIER	AVAILABILITY
12 Count (SM)	Bulk PLU 4593	00684924045936	12	12 + 6 on top	Year-round
24 Count (SM)	Bulk PLU 4593	00684924045936	5	16	Year-round
12 Count (M)	Bulk PLU 4593	00684924045936	10	12	Year-round
24 Count (M)	Bulk PLU 4593	00684924045936	5	16	Year-round
12 Count (L)	Bulk PLU 4593	00684924045936	8	12 + 4 on top	Year-round
8 x 3 Count	Shrink Wrapped	684924030024	5	16	Year-round

