



Refreshing. Bold. Extra long, and seedless! The Captain of the cucumber team. We pride ourselves in living a healthy active lifestyle and it all starts with our Pure Flavor® Long English Cucumber. Perfect for your post workout snack or blended in a refreshing beverage. Live Deliciously™.



CUCUMBERS

LONG ENGLISH CUCUMBERS



THE CAPTAIN OF THE CUCUMBER TEAM HAS ARRIVED. #CRUNCHIT

COOKING TIPS

Long english cucumbers don't need to be peeled or seeded. Slice 1 inch off each end of the cucumber and discard. Cut into slices or dice for appetizers, salads, dips, drinks, sushi or cold soups. Long english cucumbers can also be cooked over low heat until tender.

HEALTHY BENEFITS

Long English Cucumbers are a great source of iron and help to maintain a healthy red blood cell count. With an extremely high water content, long English cucumbers are a tastier way of staying hydrated.

FOR ALL SALES INQUIRIES

Pure Hothouse Foods Inc.
519.326.8444
sales@pure-flavor.com

GOES WELL WITH...

Herbs, spices and flavors: Sea salt, sour cream, vinegar
Foods: Green onions, salmon, shrimp

SPECIFICATIONS:

	UPC	TIE	TIER	AVAILABILITY
8 x 3 ct	684924030024	5	16	Year-round
12 x 2 ct	684924030017	5	16	Year-round

Available in bulk format upon request.

